



LGBT Self Advocacy Group with My Life My Choice



My Life My Choice is thinking about starting a self-advocacy group for LGBT people with learning disabilities

LGBT means Lesbian, Gay, Bisexual and Transgender.



Self-advocacy groups are places where people with learning disabilities share their experiences and listen to each other.



It can be hard to be LGBT and have a learning disability and can make people feel lonely and misunderstood




This means it is important for LGBT people with learning disabilities to have a safe space to be themselves and talk about their own problems.



If you are LGBT and interested in starting this group then please get in touch with:

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